Mount Shivalik Public School

Affiliated to CBSE New Delhi (630133) | School Code 43116

Day cum Residential School





Near Shimla Airport Jubbarhatti, Himachal Pradesh-171011

- **2** 94183-42111 , 80956-54111
- mountshivalikshimla.org
- ☑ cbse630133@gmail.com



Vision and Mission:

"Children are like clay in the hands of teachers.

Like a sculptor we can chisel and carve their personalities."

Our Vision is to develop well rounded, confident and responsible individuals who aspire to achieve their fullest potential.

Our mission is to provide a safe learning environment with welcoming atmosphere which creates a sense of belonging amongst the students. we maintain an inclusive environment which acknowledges and respects children from diverse family and cultural environment.

Principal's message:

From the heart of a philanthropist

The school believes in man making education. Students are gold mines endowed with potentials of creativity and talent. They need to be tapped. nurtured. nourished and channelized in the right direction. Success invariably comes only to those who adopt excellence as a perennial habit. rather than pursue it as a goal to be achieved in time. Mount Shivalike Public School is striving to give you the strength of character. more than anything else. As you move ahead, there will undoubtedly be times when you will be in turmoil—when your inherent values will appear to be in conflict with the system. It will be at such times, we hope, that all we have fried to impart you in Mount Shivalike Public School. Shimla will hold you in good stead. Let your alma mater bask in the glory for your success and



Mrs. Bharti Sharma, Principal BSC, MA English, M,ED

happiness. Dots of love and best wishes!

Ms. Bharti Sharma

-Nelson Mandela

About School



Ount Shivalik Public School is a C.B.S.E. affiliated day boarding and residential, senior secondary school. The school is situated away of the commotion and tumult of the town, in a serene and tranquil environment, amidst the Shivalik range of the Himalayas. The School ensures all round and holistic development of the students by laying emphasis on academics as well as extra curricular activities simultaneously.

Aim of the School

Nous Montons Haut

he foundation stone of the school was laid down in the year 2004 with the aim to provide quality education to the children in the vicinity. This was a far cry back then, due to absence of ample schools in the area. Since its establishment, Mount Shivalik has strived to achieve its goal by equipping our students with values, morals and skills to bring parity, so that our children can achieve success in the ever growing competitive world.



Academic Philosophy

The curriculum provided by the school plays a predominant role in shaping the students and translating the above philosophy into reality. This is evident in the Objectives of the school which work toward one core goal.

Schedule

Days: Monday to Saturday Timing: 9:00 AM to 3:00 PM

Atal Tinkering Lab



The objective of this scheme is to foster curiosity, creativity and imagination in young minds and inculcate skills such as design mindset, computational thinking, adaptive learning, physical computing etc.

ए. पी. जे. अब्दल कलाम



Extra Curricular Activities

Sports

"All work and no play makes Jack a dull boy" Extra Curricular activities helps the students in developing themselves holistically. They encourage the students to step out of their comfort zone and to discover their hidden talents and skills which could range from leadership skills, analytical skills, problem solving ability etc. Apart from this, they assist the students in recognizing their true passions which can later become their path to success in the future. With this thought in mind, Mount Shivalik Public School provides for the following Extra Curricular activities.

Y O G A



ATHLETICS



- **CBSE** Sports Tournaments
- **▶**Inter Sahodaya Sports Meet

Taekwondo



NCC



National Cadet Corps is the youth wing of the Indian Armed Forces. It helps adolescents to develop their personality and character through discipline, teamwork and adventure activities.



The school actively participates as well as organises the following competitions







Volleyball

PT



Badminton



स्कुल की टीम ने मारी बाजी

Cricket







The school actively participates as well as organises the following competitions

- **CBSE** Sports Tournaments
- **▶**Inter Sahodaya Sports Meet

Basket Ball



Zumba



Zumba is an aerobic fitness programme featuring movements inspired by various styles of Latin American dance. The weekly Zumba classes are conducted by the First Certified Zumba Instructor ZIN Vasundhara Sharma.

Music



Apart from vocal music, instruments like drum, tabla, guitar, congo, harmonium and the traditional dholak are taught in Mount Shivalik.

Dance



Fine Arts



Fine arts classes are conducted in the school on weekly basis. One can witness the creativity of our students on the walls of the classrooms and corridors.





Hostel Facilities

Mount Shivalik Public School is a residential school as well with boarding facility available for around 50 students. We have students from various parts of the country with diverse social backgrounds. This helps the students in cultural amalgamation of the students which offers them an opportunity to learn about different cultures while sticking to their roots. Our provides for the following facilities:

- a) Comfortable beddings.
- b) Wholesome and nutritional meals which are freshly prepared.
- c) Early morning yoga sessions.
- d) Strict timetable for studies and homework.
- e) Teachers assistance is provided to the students in the hostel.
- f) Clean and hygienic surroundings.







RULES & REGULATIONS

GENERAL RULE

with in 24 hours.

- ▶ Mobile phone are not permitted in the School premises. If any student is found carrying a mobile phone; the phone will be confiscated and broken then & there. The School will not hold any responsibility for the same.
- Students are answerable to the school authorities for their conduct both inside and even outside the school. Hence, misbehaviour in public places and conveyance is not admissible. Every student must endeavour to keep up high good manners.
- ➤ Parents or guardians can request a meeting with the teacher only with the prior permission of the Principal and must never approach the teacher directly in the classroom. Request for the same must be forwarded in the form of a written application.
- ▶ Tattoos, Bangles, Goggles, Fancy Pins, Mehandi etc are strictly not allowed to be worn in the school.
- Boys must have a short and decent haircut. Low waist trousers and narrow bottom trousers are not allowed in the school.
- Irregular attendance and unjustified absence justifies dismissal.
- ➤ Students must not be kept away form the school for celebrations like engagements, marriages, poojaas, etc. Parents are expected no to approach the school for leave for above mentioned reasons.
- ▶ If a student is absent form the school for a period of 07 days without any information, his/her name will be struck off form the nominal rolls of the school. A fine of Rs. 20/- per day will be charged if the student is absent in violation of Leave Procedure of the School, which is mentioned below.
- Parents are requested to see that the children are punctual for the morning assembly.
- Parents are responsible if a child is left early in the morning or taken home too late after classes. Parents are responsible for proper turn out of their wards.
- ▶ All parents are expected to attend parent teachers meeting as per the school calendar.
- Parents shall cooperate in case there is sudden closure of the school due to local BANDH or any other circumstances beyond control. Any case of harassment must be reported in return to the principal

TOPPERS IN CBSE CLASS 10TH

TOPPERS IN CBSE CLASS 10+2





























93% (2022-2023) JANVI































Tibetan Proverb

_0/				11/2	
08:00 AM to 08:30 AM		11:45	12:45 PM to 01:15 PI	04:00 PM to 04:20PM	08:00 Pm to 08:30 PM
Day	breakfast	Fruits	Lunch	Milk & Snacks	Dinner With Soup
Monday	Stuff Parontha Curd	Seasonal Fruit	Rajmah, Rice, Chappati, Fresh Vegetable	Milk with Bournvita, Tea/ Coffee	Stuffed Cheese, Chinese Rice, Chapat
	Pickle, Corn Flakes		1 Testi Vegetable		Yellow Dal With Paneer, Salad, pickle
	Milk with Bournvita		Salad/ Egg fry or Omlette on demand	Snacks-Cakes/Pastry	Chicken Soup, fresh Vegetable
Tuesday	Com Flakes, Bread Milk with	Seasonal Fruit	Black Grams, Rice, Chapati, Salad	Milk With Bournvita	Vegetable Soup, Plain Rice, Yellow D
	Bournvita Jam, Bread		Egg Fry or Omelette on Demand	Tea/Coffee, Snacks	Fresh Vegetable, Chappati, Salad
	Sandwitch Porridge				Sweet Dish With Dry Fruit/Halwa
Wednesday	Com Flakes,	Seasonal Fruit	White Grams, Rice, Chappati	Milk with Bournvita, Tea/Coffee	Plain Rice, Cheese and Peas, Egg Curry
	Milk with Bournvita Stuff Parantha		Salad/Egg Fry or omelette on Demand	Snacks-Cakes/Pastry	Shahi Paneer, Chapati, Fresh Vegetable
	Omelette Boiled Egg				Pickle, Salad any Soup on Demand
Thursday	Com Flakes, Bread	Seasonal Fruit	Indian Curry, Rice, Chapati, Salad, Fresh	Milk With Bournvita	Plain Rice, Mixed Dal, Chinese Noodles
	Milk With Bourmvita				Chapati, Fresh Vegetable, Sala
	Butter Jam Porridge		Vegetable, Egg Fry or Omelette on Demand	Tea/Coffee	Pickle & Veg. Soup
Friday	Aloo Poorie Pickle	Seasonal Fruit	Rajmah, Rice, Chappati, Resh Vegetable	Milk With Bournvita, Tea/Coffee	Fried Rice, Chicken, Fresh Mushroom
	Veg/ Eg Fried Rice			,	
	Corn Flakes, Milk		Salad, Egg Fry or Omelette on Demabnd	Snacks-Cakes/ Pastry	Chappati, Ice Cream/ Custard & Salad
Saturday	Bread Butter Omelette	Seasonal Fruit	Dal Makhani, Curd Raita, Chappati Rice, Mix Vegetable, Salad, Salad/ Egg Fry or Omelette on Demand	Milk with Bournvita	Chicken/Paneer, Fried Rice,
	Jam, Sprouted Black			Tea/ Coffeee, Snacks	Yellow Dal
	Grams, Corn Flakes, milk				Chapati, Fresh Vegetable, Salad
Sunday	Channa Poorie Kulcha	Seasonal Fruit	Mixed Dal/ Sambhar, Rice, Chappati	Milk With Bournvita, Tea/Coffee	Plain Rice, Matar Paneer, Chapat
	Pickle, Corn Flakes		Salad/Egg Fry or Omelette on Demand	Snacks- Pasta/Microni	Salad
	Brounvita Milk or anything on Demand				Flavoured Curd, Gulab Jamun, Pappad or anything on demand

FOOD MENU

Daily Hostel Schedule

05:45 AM Rising Bell
06:00-06:45 AM Morning Excercise
06:45-07:30 AM Get Ready For School
07:30- 07:55 Breakfast Time
08:00-08:50AM Morning Revision Class
09:00-02:15 PM Regular School

IN BETWEEN THIS THERE ARE TWO BREAKS

short break of 10 minutes in which students get seasonal fruit Lunch Break of 25 minutes 02:15-02;30 PM Break

02:30-04:00PM Evening remedial Classes

04:00-04:20PM Milk Break

04:30-05:30PM Evening Resting Time 05:30-07:15 PM Sports/Playing Time

07:15-07:30PM Evening Prayer

07:30-08:00PM Dinner

08:00-10:00PM Night Tuition Class/

Self Study Class for Seniors

10:00PM Light off & Sleep